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Coach Training

Make Every Conversation More Effective and Unlock Potential Lasting Impact

COACH TRAINING

More and more pastors and leaders are recognizing the value of a quality coach. Coach Training will help you cultivate new skills, lead staff, mentor young leaders, mobilize volunteers and teams more strategically, and improve your skills as a counselor. This training will help you to develop and deploy your coaching as a leader in all areas of your life, both personally and professionally, whether you are a pastor, elder, or church leader.

Flourish offers a coach training certification process, approved by the International Coaching Federation (ICF), in light of our commitment to equip leaders and provide resources that nurture flourishing ministries. Having a coach can be a powerful asset in ministry and discipleship.

The Flourish Coach Training process uses curriculum approved by ICF for a foundational level of training that takes about six months to complete either virtually or in-person. Upon completion of the training, participants receive a coaching certification through Flourish and have the opportunity to enroll in advanced level coach training courses.

Credentialed coaches, displaying exemplary skills, may be added to a resource list of recommended coaches to assist congregations, pastors, and other ministry leaders in a variety of ministry contexts. Some participants may be able to apply the coach training process for MDiv or DMin credit.

Essentials (100) is the first course in the ACC Pathway, designed to cover the requirements for an Associate Certified Coach credential (ICF). 100 Essentials introduces the fundamentals upon which the entire Integrated Coach Training approach is built.

MENTORSHIP

Coaching cannot be learned only in a seminar. Participants will be coached themselves and practice coaching others. They will then reflect and build on those coaching experiences with other participants and work closely with coach mentors (ICF accredited coaches who are part of a nationwide group which works to train new coaches). Participants interact with their coach mentors to learn principles of coaching, receive feedback on their skills, and refine their coaching techniques.

TRAINING AND DEVELOPMENT

- Participants who enroll in Flourish's foundational level of ICF training attend a two-day kick-off (virtual or in-person).
- After the two day training, the group will meet for one hour over Zoom (6 to 8 times) to continue to practice their skills.
- Participants will coach two individuals and record three sessions, over the course of six months and continue to dialogue with their Coach Mentor.
- Once you have completed this level of ICF training, you are eligible to enroll in advanced level courses to work toward ICF levels of accreditation.

MEET THE TRAINERS



John Terech, ECO's Executive Director of Operations, has been coaching for 13 years and has worked to train over 100 coaches. He also has his PCC certification from the ICF and is both a coach and coach mentor.



Rev. Dr. Dana Allin, ECO's Synod Executive, has been coaching for 16 years and has worked to train over 100 coaches. He also has his ACC and PCC credentials through ICF and is both a coach and coach mentor.

Participants

Leaders engaged in ministry as pastors, elders, and lay leaders who want to develop their coaching skills.

Duration

Flourish Coach Training (Essentials):
6-months to complete (virtually or in-person)

Flourish Coach Training (Advanced):
Electives offered throughout the year virtually. Expect 4 hours of instruction and 4 hours of outside coaching homework per course.

Cost

Flourish Coach Training (Essentials):
\$1,750 (includes 20 hours of training & 10 hours of mentor coaching)

Flourish Coach Training (Advanced)
Elective courses range in price from \$350 to \$1,000 per course for full accreditation at the ACC level for the ICF.

How to Get Started



To enroll in coach training, visit:
flourishmovement.org/coach-training



If you have questions or need more information about Coach Training, please email coaching@flourishmovement.org.